



PSC Swim Meet Protocol

Competitive Swimming

Swimmers need to register with Swimming NZ in order to enter swim meets. Instructions on how to do this can be found on our website.

Most swimmers will need to be registered either as a Recreational or Competitive Swimmers for meets. There are different fees attached for each registration level and these are annualised.

Swim meets also have an entry fee per event/race or a flat fee for the event. These are usually \$9 - \$13 per event.

Most swim meets can be followed on the **meetmobile** app.

Pre-Swim Meet

Information on upcoming target swim meets (Meets that PSC will be taking a team to) will be sent out via email and posted on our Squads Facebook page.

Parents/caregivers will need to login to Fastlane and enter the meet. Parents/caregivers are welcome to contact their coach to discuss which meets and events best suit your swimmer.

After entries close, the event organisers will send out the meet psych sheets to all those entered. Please check over these and contact the coach if there is a mistake with your swimmers' entries. The coach will provide times for any swimmers who have a NT (no time).

There will usually be information about seating and entry fees sent out prior to the meet by the organisers.

A team manager will be assigned for the meet and an email will be sent out with all the information regarding session times, meeting times and other relevant meet info. The team manager will send communication coordinating our team timekeepers and IOTs.

The team manager is responsible for getting swimmers to their events/racers and for their overall wellbeing at the event. They are not responsible for swimmers' belongings.

Swimmers are expected to display an appropriate and respectful manner of behavior at swim meets i.e., showing thanks to those helping at the event (timekeepers, team manager), noise levels and language is appropriate.

At the Meet

Swimmers will need to pack:

- Plenty of snacks and water
- 2-3 towels
- Swim wear
- Club clothing and footwear
- Club cap (orange) and goggles
- Swim meets can be cold, so please pack warm clothing



Swimmers will meet the coach 15mins before the pool warm up starts. Usually, they will place their bag in the club seating area and head out for a land based warm up. The coach will then take swimmers through a pool warm up.

Swimmers will sit with the team and team manager in the designated swimmers' seating area. Please note that parents are not able to sit with the team. If your child needs to leave the team area for any reason, they need to let the team manager know.

The team manager will be responsible for getting swimmers to their races. Swimmers will be sent to talk to the coach before heading up for their race. At self marshalled meets, swimmers will then head up to wait behind the timekeepers until it's their race. Swimmers should check in with the timekeeper, by letting them know their name and their race. This helps the timekeeper ensure that they get up for the correct heat/final.

After their race swimmers may ask the timekeeper for their time (at an appropriate moment). They will then go and talk to their coach to debrief.

We discourage the use of mobile phones at swim meets and at junior meets these are not to be used for games and videos. Swimmers are expected to stay for the whole session and support their team mates. If your swimmer needs to leave early, please let the coach and the team manager know.

If a parents/caregiver has any questions or concerns before or during the meet then the team manager is their contact. We encourage parents/caregivers to have their number ahead of the event (this will be communicated).

Disqualifications

If a swimmer is disqualified, the coach will talk with them about this and will provide feedback. If you wish to question this, please approach the team manager.

Officiating

Swim NZ requires clubs to provide officials for every four swimmers.

The club will provide opportunities for parents/caregivers to be trained to be a team manager and IOT. Information on these sessions will be sent via email. Parents/caregivers can get their timekeeping badge when they assist at a swim meet.

If your swimmer is participating in a swim meet, it is an expectation that one parent/caregiver will be available to assist with timekeeping/officiating or Team Managing. It is likely that assistance will be an expectation at most swim meets that your swimmer attends.

Please email the club when you have entered your swimmer/s with what sessions/roles you are able to assist with.