



Squads and Casual Timetable Winter 2022

Effective 25th July 2022

Squad	Timetable
Junior	Mon 3.45 – 4.45 pm Tues 3.45 – 4.45pm Wed 4.30 - 5.30pm Fri 6.15am -7.15am
Intermediate (3-5 p/w)	Mon 4.45 – 6.00pm Wed 5.15 – 6.30pm Thurs: 4.00 – 5.15pm Fri 6.00 - 7.15am Sat 7.00 - 8.30am
Development (5-7 x p/w)	Mon 5.45 -7.15am Mon 4.45 – 6.15pm Tues 4.30 – 6.30pm Wed 5.45 - 7.15am Thurs 4.45 – 6.45pm Fri 5.45 -7.15am Sat 7:00–9:00am
Youth Fitness	Mon 6.00 - 7.00am Tues 5.30 - 6.30pm Wed 6.00 - 7.00am Thurs 5.30 - 6.30pm Fri: 6:00 – 7.00am
Adult Fitness	Mon 6.00 - 7.00am Tues 5.30 - 6.30pm Wed 6.00 - 7.00am Thurs 5.30 - 6.30pm

Public Fitness (Casual)	Timetable
Lane 8	Mon, Wed: 5.45am – 7.15am Mon, Tues, Wed, Thurs: 5.30pm – 6.30pm Sat: 7am – 9am

✓ All registrations online please via the website (one off registration).



- ✓ Squads Fees are due the 1st of each month.
- ✓ Concession tickets can be paid for via direct deposit and collected from the club.
- ✓ Bank Account details: Papamoa Swimming Club 03 1547 0431837 000. Please use name and squad as reference. Payments can be made directly through the Friendly Manager role.