



Summer Timetable - Squads and Casual Swimming

Effective Monday 14th October 2024

Please check Facebook for Holiday Time Changes and Cancellations

- ✓ All registrations online please via the website (one off registration).
- ✓ Squads Fees are due the 1st of each month. And changes to membership must be notified before the 1st of each month.
- ✓ Concession tickets can be paid for via direct deposit and collected from the club. One off casual swimming is not available.
- ✓ Bank Account details: **Papamoa Swimming Club 03 1547 0431837 000**. Please use name and squad as reference. Payments can be made directly through the Friendly Manager site.

Squad	Timetable
Transition	Monday 4.30pm – 5.30pm Tuesday 3:45pm – 5.15pm Wednesday 4.00pm – 5.15pm Thursday 3.45pm – 4.45pm Friday 5.30am – 7.00am
Regional	Monday 5.30pm – 6.45pm Tuesday 5.45am – 7.00am Wednesday 5.15pm – 6.45pm Thursday (4.50 pm Swim gym) 5.45pm – 6.45pm Friday 5.30am – 7.00am Saturday 7.00am – 8.30am
National	Monday 5.30am – 7.00am. Swim gym 4.00pm Tuesday 5.15pm – 6.45pm Wednesday 5.30am – 7.00am Thursday (5.00pm Swim gym) 5.45pm – 6.45pm Friday 5.30am – 7.00am Saturday 7.00am – 8.30am

Fitness Squads	
Aqua Fit	Mon 5.45 - 6.45am Tues 5.45 – 6.45am & 5.45 - 6.45pm Wed 5.45 - 6.45am Thurs 5.45 - 6.45pm Sat 7.00 - 8.00am
Youth Fit	Mon & Wed 5.30 – 6.30pm
Public Lane 1	Saturday 7.00am - 8.30am

Pre-Squad	
Bronze	Mon & Wed 3.15 – 3.45pm
Silver	Mon & Wed 3.45 – 4.30pm
Development	Mon & Wed 4.30 – 5.30pm Thurs 4.45 – 5.45pm